

SAFETY INSTRUCTIONS

PERSONAL

- This equipment is not suitable for children under 6 years.
- Do not allow more than one person at a time to use the Air Track .
- Do not wear shoes while on Air Track to prevent from damaging the surface.
- Do not jump or land closer than 20cm to the air valve.
- Use equipment only under the supervision of trained and qualified instructors.
- Follow a progressive learning pattern. Assure basic skills are achieved before attempting more advanced skills.

POSITIONING AND SET-UP

- Do not bring any sharp items on or close to the Air Track.
- Never place the Air Track near overhead obstructions, such as low ceilings, trees or power lines, nor place the equipment on a slope greater than 5%.
- The area on which the Air Track is placed must be clean, dry, flat and free of obstacles and walls.
- Always set up the Air Track in the same area where you will be using it. Do not drag or throw it. Lift it by the handles and avoid scraping.
- Do not use the Air Track near wet areas or near a fire.

PRESSURE

- Use only the air pump supplied.
- Check the air pressure of the Air track before each training session.
- Assure that the Air track has sufficient air pressure to avoid bottoming out.
- Use the Air Track only when all hard, exposed surfaces are protected with proper mats.

OUTDOOR

- When setting up the Air Track outdoors, use a groundsheet to avoid damage.
- Do not expose Air Track to heat, including exposure to the sun for long periods.
- Do not use the Air track in the rain or snow. While inflating the equipment.
- Make sure the surface is dry; a slippery surface can cause injuries.
- The Air Track is not a flotation device.

MAINTENANCE

- Never pack, store or transport the Air Track when it is moist or dirty.
- The Air Track can be cleaned with water and soft soap. Do not use industrial cleaning products.
- Do not use the Air Track when it's damaged, leaking or when parts are worn or missing.

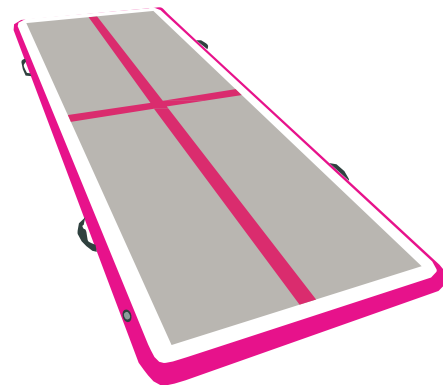
WARNINGS

- Be aware that the Air Track is not designed as landing mat.
- The Air Track may move during use which could result in serious injury.
- Mats cannot and do not eliminate hazards.
- Disclaimer: By using this equipment you release from liability and waive any right to sue the manufacturers, distributors, and retailers of this product their employees, officers, volunteers and agents from any and all claims, including claims of negligence, resulting in any physical injury, illness (including death) or economic loss you may suffer.

SETTING UP

You're about to get started with your Air Track. Don't worry, setting up the Air Track is simple. You don't want your brand new Air Track to knock something over or scrape a wall, so be sure to find a clear spot, free of sharp objects. If you're setting up the Air Track outdoors, make sure to place a ground cover underneath the equipment.

Please make sure you have read the safety rules before proceeding to set-up your Air Track.



STEP BY STEP SET-UP

- 1** Prepare a clean, flat surface for the Air Track, take it out of the bag and make sure to unroll it completely.
- 2** Pump – Attach the Quick Snap Adapter to the hose. Connect the hose to the pump and lock in place.
- 3** Insert Quick Snap Adapter into the open Air valve and twist to lock in place.
- 4** Push & Pull Pump until the Air Track is fully inflated. Check if the pressure is correct by testing the mat with your hands.
- 5** Stop Push & Pull pump and disconnect the hose. The pin inside the valve should still be out and no air should be leaking.
- 6** Twist the Valve Cap in place.

STEP BY STEP STORAGE

To store your Air Track in the custom carrying bag please follow the steps below.

- 1** Open the Valve Cap and push the pin to release the air.
- 2** Roll the Air Track into itself starting from the opposite end of the valve.
- 3** Once the Air Track is rolled completely press the valve one last time to allow remaining air to exit.
- 4** Tie the Air Track together using the provided webbing.
- 5** Insert the rolled Air Track into the carrying bag. Enter the side without a zipper first.
- 6** Store in a dry location.

PLAY IT SAFE

The thickness of the Air Track has an effect on how the product can be used. The AirTrack is 10cm thick; when products are 10cm thick the pressure in the product needs to be high to prevent you from hitting the floor.

The bounciness of the AirTrack depends on how much pressure you put in it. If filled up to the maximum pressure, the Airtrack can feel exactly like a dead floor (which is useful for competition training). Inflating it to a standard level will make it optimal for low to mid-level training, while inflating it to a minimum level will make it more fun for recreational purposes.

